

Lent Chart 2017

St. Thomas Syro Malabar Catholic Forane Church

510 Elizabeth Ave, Somerset, NJ 08873

Name:		Grade:		CML Group:			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total
26 Nombu Kaalam Begins Backpack	27 Ash Monday	28	1	2	3	4	
<i>Attend Holy Mass</i> <i>Help clean up the Church</i>	<i>Say a personal prayer and the Creed</i>	<i>Say a prayer for the sick and the Salve Regina</i>	<i>Say family prayer</i>	<i>Say the Rosary today</i> <i>Help your mom with chores</i>	<i>Participate in Adoration and say the Lord's Prayer</i>	<i>Go to Confession</i> <i>Pray Chaplet of Divine Mercy</i> <i>Compliment your friend.</i>	
5 Backpack	6	7	8	9	10	11	
<i>Attend Holy Mass</i>	<i>Say a personal prayer and the Creed</i> <i>Obey your elders</i>	<i>Say a prayer for the sick and the Salve Regina</i>	<i>Say family prayer</i> <i>Hold the door open for someone.</i>	<i>Say the Rosary today</i>	<i>Participate in Adoration and say the Lord's Prayer</i> <i>Clean your room without being asked</i>	<i>Go to Confession</i> <i>Pray Chaplet of Divine Mercy</i>	
12 Backpack	13	14	15	16	17 Feast of St. Patrick	18	
<i>Attend Holy Mass</i> <i>Help clean up the Church</i>	<i>Say a personal prayer and the Creed</i>	<i>Say a prayer for the sick and the Salve Regina</i> <i>Be kind to everyone and let go of grudges</i>	<i>Say family prayer</i>	<i>Say the Rosary today</i> <i>Take care of your younger siblings</i>	<i>Participate in Adoration and say the Lord's Prayer</i>	<i>Go to Confession</i> <i>Pray Chaplet of Divine Mercy</i>	

***Back Pack- Bring non-perishable items such as canned food or toys in your back pack.**



19 Feast of St. Joseph Backpack	20	21	22	23	24	25 Annunciation of the Lord	
Attend Holy Mass Lead family prayer	Say a personal prayer and the Creed Give up all chocolate and candy	Say a prayer for the sick and the Salve Regina	Say family prayer Help your parents around the house	Say the Rosary today	Participate in Adoration and say the Lord's Prayer	Go to Confession Pray Chaplet of Divine Mercy Obey your parents	
26 Backpack	27	28	29	30	31	1	
Attend Holy Mass Lead family prayer	Say a personal prayer and the Creed	Say a prayer for the sick and the Salve Regina	Say family prayer	Say the Rosary today Give up your favorite foods	Participate in Adoration and say the Lord's Prayer	Go to Confession Pray Chaplet of Divine Mercy Read a chapter of the Bible	
2 Backpack	3	4	5	6	7	8	
Attend Holy Mass	Say a personal prayer and the Creed Clean the dishes after dinner	Say a prayer for the sick and the Salve Regina	Say family prayer Help younger siblings with homework	Say the Rosary today	Participate in Adoration and say the Lord's Prayer Give up a negative habits	Go to Confession Pray Chaplet of Divine Mercy	
9 Palm Sunday Backpack	10	11	12	13 Holy Thursday	14 Good Friday	15 Holy Saturday	
Attend Holy Mass Community Service Activities	Say a personal prayer and the Creed	Say a prayer for the sick and the Salve Regina Be nice to everyone	Say family prayer	Say the Rosary today BRING CHART TO CHURCH!!!	Participate in Adoration and say the Lord's Prayer	Go to Confession Pray Chaplet of Divine Mercy	

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Happy Easter Sunday!

